

Be well, save money and use your plan with www.harvardpilgrim.org

Our Web site for members is designed to make it easy for you to get information and do the things you need to do to make the most of your Harvard Pilgrim plan.

That includes learning about:



- + Ways to improve your overall health and well-being
- + Special programs and tips to help you save money along the way
- + Tools and resources to help you manage your plan benefits

Be well

Learn about important topics affecting your health

- Access preventive care guidelines
- See educational resources on condition and disease management, including cholesterol, blood pressure, asthma, ADHD, depression, diabetes, cancer and heart health
- Take a health quiz
- Look up health topics from A to Z
- Find health education classes and support groups
- Check out our health and wellness publications for members
- Search online resources via our Web library

Health improvement

- Learn about treatment options and how to prepare for a procedure 
- Participate in our Healthy Pregnancy program using interactive tools
- Take a Health Questionnaire and learn your wellness score 
- Visit www.harvardpilgrim.org/wellness for well-being support based on where you are in life



About **HPHConnect** for members

HPHConnect is a secure online member account that helps you manage your personal health through a wide variety of tools and resources.

continued ►




Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care and its affiliates, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

Save
money

Save on products and services to help you keep fit and healthy



- See the newest additions to our Your Member Savings program, which features special savings on health-related products and services including eyewear, fitness reimbursement,* nutrition, alternative complementary medicine, safety products, eldercare and much more

Save on medications**


- Learn how to save with generic prescriptions
- Order mail service prescriptions 

Use your
plan






Providers and services

- Find participating physicians
- See physician hospital affiliations, quality information and profiles
- Choose or change your primary care physician 
- Compare hospital safety and quality 
- Find typical costs for tests and procedures

Your prescriptions**

- Look up your medications by tier or retail price
- Find a pharmacy
- Check your prescription drug records 

Your benefits and records

- Check your benefit and eligibility details 
- Check the status of your claims and authorizations 
- Track your health history (including allergies, illnesses/conditions, procedures and family history) and share information with providers using your Harvard Pilgrim Personal Health Record 
- Order an ID card 
- Update your contact info 
- Learn about new member programs
- Find out about benefit changes

* Not available to all members. For additional information, see www.harvardpilgrim.org.

** If your employer offers prescription drug coverage through Harvard Pilgrim.



We're also available
by phone

Contact Member Services
at (888) 333-4742
weekdays from
8:00 a.m. to 5:30 p.m.,
with extended hours until
7:30 p.m. on Mondays
and Wednesdays.
If you are deaf or
hard-of-hearing, please
call (800) 637-8257
for TTY service.



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