

**MINUTES OF THE  
CAPE COD MUNICIPAL HEALTH GROUP**

**STEERING COMMITTEE**

Wednesday, October 24, 2012 9:00 AM  
COMM Fire District, Centerville, MA

**MEETING MINUTES**

A meeting of the Steering Committee of the Cape Cod Municipal Health Group (“CCMHG”) was held on Wednesday, October 24, 2012 at the COMM Fire District, Centerville, MA.

The following people attended the meeting:

**Committee Members Present:**

A. Francis (“Skip”) Finnell, Chair	Dennis-Yarmouth RSD
Noreen Mavro-Flanders, Board Chair	County of Dukes County
Erin Orcutt	Cape Cod Regional THS
Sue Milne	Town of Yarmouth
Marie Buckner	Town of Sandwich
Gerry Panuczak	Town of Chatham

**Guests Present:**

Laura Scroggins	Town of Barnstable
Suzanne Donahue	Blue Cross Blue Shield (BCBS)
Bill Hickey	Harvard Pilgrim Health Care (HPHC)
Fred Winer	Tufts Health Plan (THP)
Nina Conroy	Delta Dental
Carol Cormier	Group Benefits Strategies (GBS)
Karen Carpenter	Group Benefits Strategies (GBS)

Skip Finnell, Chair, called the meeting to order at 9:05 a.m.

**BCBS Medicare HMO Blue rate for CY13:**

Suzanne Donahue said that the CY13 rate for the BCBS Medicare HMO Blue plan decreased from \$326.88 to \$303.82. She said that there were some plan design changes and reviewed them. Ms. Donahue said that the plan includes a \$300 fitness and \$300 weight loss reimbursement and said that there is a \$0 co-pay for diagnostic tests and labs, which used to be a 10% coinsurance. Ms. Donahue said that changes to the Skilled Nursing Facility benefit include removal of the \$1K annual out-of-pocket maximum and the addition of a \$100 co-pay for days 21 to 444 per benefit period. She said that the high tech imaging co-pay is \$100 per day.

Gerry Panuczak motioned to approve the BCBS Medicare HMO Blue rate and plan for CY13 as presented.

Motion
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Erin Orcutt seconded the motion. The motion passed by unanimous vote.

**Shingles Vaccine coverage for Medex issue:**

Suzanne Donahue said that the BCBS active plans cover the shingles vaccine starting at age 60 per ACIP. She said the vaccine is currently not covered under Medicare. She said that the Medex plan only provides coverage for Medicare covered benefits, therefore it does not provide coverage for the shingles vaccine. Ms. Donahue said that BCBS has the ability to add a special rider to approve the vaccine for Medex

members effective January 1, 2013. She said that the cost of each shot is approximately \$275, but said that not all people need the vaccine. Ms. Donahue said that the member will be required to receive the shot in their physician's office.

It was noted that the HPHC and Tufts retiree plans cover the shingle vaccine when administered in a physicians office.

Noreen Mavro-Flanders made a motion to recommend to the Board the approval of adding the shingles vaccine rider to the BCBS Medex plan effective January 1, 2013.

Motion

Marie Buckner seconded the motion. The motion passed by unanimous vote.

**Deductible applied to procedures ordered during annual preventative physical exams:**

Carol Cormier said that not all labwork ordered during a preventative physical exam is covered without the deductible applying.

Bill Hickey explained that it is a common perception by most members that with the Affordable Care Act, all labwork done at a preventative office visit is covered without a co-pay or deductible. Mr. Hickey said that by providing a list of the preventative tests that are provided without a co-pay or application to a deductible should not deter members from receiving other tests their physician recommends for them. He said that the member's physician knows best which test(s) their patients should receive according to their medical history.

Suzanne Donahue said that all routine preventative visits and lab tests that are coded as a preventative service will be a \$0 co-share for BCBS members. She said that there will be tests that are ordered by physicians that will never be coded as routine, and the deductible and or co-pay would apply.

Skip Finnell asked the health plan account executives to present an overview at the Board meeting.

**Vote on recommendation to the Board regarding EyeMed renewal options:**

Erin Orcutt made a motion based on past discussions to recommend to the Board to approve Option #4, same as current benefits with the exception of the removal of the annual eye exam and the addition of an annual frame allowance rather than the current once-every-24-months frame allowance.

Motion

Marie Buckner seconded the motion. The motion passed by unanimous vote.

**Claims cost by coverage type:**

Carol Cormier reviewed the report of claims costs for family plan coverage versus claims costs of a two-person plan and single person plan. She said that the data does not show that a two-person plan tier should be added at this time because the costs of a 2-person tier are about the same as the cost for a family of three or more.

**Dependent Eligibility Audit – status report:**

Carol Cormier briefly reviewed the status of the Dependent Eligibility Audit being conducted by HMS. Ms. Cormier recommended a Board vote to specify that all CCMHG employers agree to the terms and rules of the audit and will term dependents found ineligible. She said that the termination date agreed to, is January 1, 2013.

Heather Harper made a motion to recommend to the Board to affirm that all employers agree to the guidelines of the audit and agree to terminate enrollment for ineligible dependents effective January 1, 2013.

Motion

Gerry Panuczak seconded the motion. The motion passed by unanimous vote.

**CCMHG website redesign status report:**

Karen Carpenter said that the redesign is almost complete and said that she would send the link to the Board and Steering Committee members for their review prior to authorizing the launch of the site. She said that the website redesign proposal included the cost of hosting the website for one year and also a maintenance training session. Ms. Carpenter said that colewebdev said that they would maintain and make updates to the website until after the training session, or they could maintain the site for an hourly or monthly fee. Ms. Carpenter said that the current webmaster has agreed to maintain the site for a monthly fee of \$125 and \$30 for use of her personal computer.

Noreen Mavro-Flanders asked Karen Carpenter to consider attending the training and maintaining the website through GBS after it is launched.

**Approval of the October 2012 Warrant:**

Carol Cormier reviewed the October 2012 Warrant summary.

Motion

Erin Orcutt made a motion to approve the Warrant as presented.

Marie Buckner seconded the motion. The motion passed by unanimous vote.

**Other Business:**

There was no other business.

Erin Orcutt moved to adjourn.

Motion

Noreen Mavro-Flanders seconded the motion. The motion passed by unanimous vote.

Chair Skip Finnell adjourned the meeting at 9:50 AM.

*Prepared by Karen Carpenter  
Group Benefits Strategies*