

CAPE COD MUNICIPAL HEALTH GROUP

Board Meeting

Wednesday, July 18, 2018, 10:00 AM
COMM Fire District, Centerville, MA

MEETING NOTES

(No Quorum)

A meeting of the Board of the Cape Cod Municipal Health Group (“CCMHG”) was held on Wednesday, July 18, 2018 at 10:00 AM at the COMM Fire District, Centerville, MA. The following people attended the meeting:

Board Members and Alternates Present:

Noreen Mavro-Flanders, Board Chair	County of Dukes County
A. Francis (“Skip”) Finnell, Steering Committee Chair	Dennis-Yarmouth RSD
Susan Wallen	Nauset Regional School District
Jody Hoffmann	Town of Provincetown
Debra Blanchette	Town of Barnstable
Laura Scroggins	Town of Barnstable
Denise Coleman	Town of Falmouth
Jillian Douglass	Town of Chatham
Deb Heemsoth	Town of Dennis
Rosemary Moriarty	Town of Wellfleet
Judy Sprague	COMM Fire District
Krystal Abrams	COMM Fire District
Katelyn Bruster	Monomoy RSD
Ray Pirrone	Cotuit & W. Barnstable Fire Districts
John Kelly	Town of Orleans
Karen Scichilone	Cape Cod Lighthouse Charter School
Beth Deck	Cape Cod Collaborative
Verna LaFleur	Hyannis Fire District
Bob Whritenour	County of Dukes County

Guests Present:

Rich Bienvenue	CCMHG Treasurer
Patty Joyce	Abacus Health Solutions
Deanna Desroches	CCMHG Wellness Consultant, Mainland
Brian Callow	Rockland Trust Investments
Barbara Howard	Rockland Trust Investments
Rebecca Tavares	Rockland Trust Investments
Tracy Scalia	Town of Mashpee
Megan Downey	Town of Brewster
Laurie Barr	Town of Dennis
Felicia Cheney	Martha’s Vineyard Public Charter School
Lorraine R. Mavro	Town of Oak Bluffs
Garbrielle Pitcher	Blue Cross Blue Shield of MA (BCBSMA)
Bill Rowbottom	Blue Cross Blue Shield of MA (BCBSMA)
Bill Hickey	Harvard Pilgrim Health Care (HPHC)
Fred Winer	Tufts Health Plan
Caitlin Marron	EyeMed Vision

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Carol Cormier
Chris Nunnally
Karen Carpenter

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Noreen Mavro-Flanders, Chair, called the meeting to order at 10:11 a.m. She said that in the absence of a quorum, no votes would be taken.

Approval of the minutes of the April 25, 2018 Board meeting:

The minutes will be brought to the next Board Meeting.

Noreen Mavro-Flanders asked the Board members to respond to GBS about whether or not they will be attending the meetings. She said it is important to know if the voting quorum will be met.

Investment Committee and Investment Manager's Report:

Deb Blanchette, Investment Committee Chair, said the Investment Committee met with Brian Callow, Rockland Trust, and said they agreed to continue with the current direction until the fall. She said they will review the Capitol Preservation account and make a recommendation to the Steering Committee.

Mr. Callow distributed the year-end report and reviewed the two CCMHG funds: (1) Return Seeking and (2) Capitol Preservation. He reviewed the performances of the funds compared to the benchmarks. Mr. Callow said the fiscal year rate of return for Fund 1 through June, was 3.32%. He said the rate of return for Fund 2 was 0.23%.

Noreen Mavro-Flanders thanked Mr. Callow and the Rockland Trust staff, and they left the meeting.

Treasurer's report:

Treasurer's report - Treasurer, Rich Bienvenue, CPA, said FY18 has been a remarkable year for the CCMHG Trust Fund due to low claims experience. He said the Fund Balance on July 1, 2017 was \$12.6M and said there was an increase of \$11.3M through May 2018. Mr. Bienvenue said the Trust Fund Policy states that the Fund Balance should be between 8% and 10% of claims of the most recent 12 months. He reported a Health Trust Fund Balance of \$24M as of June 30, 2018. Mr. Bienvenue reviewed the balance sheet and noted that up until this year, the Investments and RDS accounts were the reasons for the surplus or break even of the trust fund.

Mr. Bienvenue reviewed the Dental Fund and said the claims are billed with a two-month lag.

Mr. Bienvenue said he is working on the FY18 financial reports with the auditor.

Wellness Committee Report:

Mainland Wellness Report - Deanna Desroches, wellness consultant for the Mainland, reviewed the program updates. She said she is working on the August newsletter and will be publishing it soon.

Ms. Desroches said she is preparing for the upcoming year and starting to set up dates for Biometric Screenings. She said the Couch-to-5K program ended with the Run for the Arts in June and the next program will begin in Barnstable on August 8th. Ms. Desroches said the web portal utilization is up, and there are now 434 members using it as of the July report and noted that spouses can now participate. She said the senior walking program gained so much interest she will be continuing it through the summer.

Vineyard Wellness Report –Noreen Mavro-Flanders said Marta Azzollini will be taking over the programming during Krystle Rose’s leave of absence. She introduced Felicia Cheney, Business Manager for the MV schools who spoke about the MV budget and discussed ways to determine how to meet the needs of the members.

Deanna Desroches noted that social media is used by a lot of the younger population and said she has been posting the wellness information on Facebook.

Steering Committee report:

Skip Finnell, Steering Committee Chair, said that most of the items on the Agenda are items the Steering Committee has been working on.

Dependent Eligibility Audit – Mr. Finnell said a few of the Benefit Administrators requested that CCMHG consider doing another dependent eligibility audit. He said the last one was done six years ago, and the Committee will be making a recommendation to the Board later in the meeting.

Falmouth Claim Issue – Skip Finnell said the Town of Falmouth filed a Worker’s Compensation (WC) claim for a member, which was denied because it didn’t qualify as a WC claim. He said the claims should have been paid through the CCMHG BCBS plan. Mr. Finnell said the Committee will be asking the Board for its approval to pay these claims.

CCMHG GBS Roster Service – Mr. Finnell said the GBS Roster Service Agreement has expired and said the fee is increasing from \$130 per CCMHG entity, to \$150 per entity.

MMRA Rate Increase – Skip Finnell said the MMRA reinsurance broker and the MMRA managing general underwriter lowered their fees to help counter the MMRA rate increase.

Dental RFP – Carol Cormier said a member of the Steering Committee asked that the CCMHG go out to bid on the Dental Insurance.

PBIRx – Mr. Finnell said the Committee is reviewing additional information to make a proposal to the Board pertaining to PBIRx, the pharmacy benefits consultant, and pursuing a pharmacy carveout program.

Abacus Report:

Patty Joyce distributed and reviewed the Diabetes Rewards Program report for the period 9/1/17 – 5/31/18. She said 40% of eligible members are participating in the program, and of that 50% are meeting the program criteria and getting their diabetes medications and supplies at \$0 cost. Ms. Joyce noted that 37 members have requested the new Accuchek Guide glucose monitoring meter. She said the estimated savings to CCMHG was \$202,088 and \$72,744 in waived member copays. Ms. Joyce reviewed the promotional outreach and said Abacus will be happy to customize the flyers with the town or district’s logo and will supply materials to those who request them.

GBS Report:

Funding Rate Analysis (FRA) - Ms. Cormier reviewed the FY18 FRA summary report through June and said the paid claims and related expenses were 90.1% of the funding rate revenues for FY18. Ms. Cormier also said \$3M of the funding surplus is the result of reinsurance reimbursements, much of it for events of the prior year.

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Ms. Cormier said both CCMHG and WSHG, another member of the MMRA reinsurance captive, had high claims during the past year. She said the WSHG had one very large claim and has agreed to a laser attached to that member's claims in FY19 to keep the reinsurance premium increases down. She said otherwise, the reinsurance rate increase would have been about 80%. Ms. Cormier noted that reinsurance premiums make up only about 2% of the CCMHG's health program expenses.

Ms. Cormier said the FY18 dental expenses were at 92.9% of rate revenues.

CCMHG Enrollments – Carol Cormier reviewed the current enrollments and said last year 22 of the 53 CCMHG employers offered the HSA Qualified High Deductible Health Plans (HSAQs). She said 33 entities are now offering the plans for FY19. She said 5.3% of all members are now enrolled in the HSAQ plans.

Pursuing pharmacy carveout quotes:

Noreen Mavro-Flanders said Chris Nunnally, GBS, has brought alternative cost savings programs to the Steering Committee for consideration. She asked Mr. Nunnally to speak about the Rx carveout program.

Chris Nunnally said currently the health plan carriers each contract with a Pharmacy Benefit Manager (PBM) and provides prescription drugs through the PBM and its contract with pharmaceutical firms. He said the Committee is looking at contracting directly with a PBM to save costs. He spoke about the Town of Lynn's and the City of Fall River's experiences and their savings by moving to this type of arrangement. Mr. Nunnally said CCMHG would receive the pharmacy rebates and savings. He said the Committee has asked for a legal opinion as to whether or not this is a bargainable issue..

MyTelemedicine/AccessADoctor:

Carol Cormier said the MyTelemedicine/AccessADoctor has launched and all CCMHG members are registered as members of the program. She said when a member goes online to enter his/her information, he/she needs to click on "Already a Member" to proceed. Ms. Cormier said Welcome Kits were mailed out to all of the members.

Getting the word out about CCMHG and its programs:

Noreen Mavro-Flanders said CCMHG and its wellness programs are not recognized by many employees, and the Steering Committee wants to work on ways to spread the word. She said Benefits Administrators' meetings may be scheduled following the Steering Committee meetings on the Cape and Vineyard, at which time the Committee would like to hear the ideas of the HR people. Ms. Mavro-Flander said CCMHG would like to help make the task of getting the word out easier for everyone.

Carol Cormier said one proposal is to add the CCMHG logo to all of the health plan carrier ID cards. She said the Committee has also heard presentations from two marketing firms to help build up the CCMHG brand.

Cape Cod Health Care – a preliminary proposal:

Noreen Mavro-Flanders said NFP, Cape Cod Health Care's consultant, presented a proposal to the Steering Committee on May 24th at the Sandwich Town Hall. She said CCMHG has been in discussions with CCHC for a couple of years now.

Ms. Mavro-Flanders said they proposed offering a limited network HMO plan, but want to offer it as a fully insured plan, not self-funded.

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Carol Cormier said the Steering Committee agreed that the younger, healthier members are likely to join this type of plan and the result would be that the other plans would lose the good risk. She said the Committee wants to look at a Limited Network self-funded plan in order to be able to continue spreading the good risk across all plans. Ms. Cormier said there is a lot going on right now, so the Committee has decided to table this item until FY21.

Health Plan Reports:

EyeMed – Caitlyn Marron said EyeMed received feedback on a survey that members would like a quicker online claim form. She said members can now submit their claim forms from their smartphones or online. Ms. Marron said the claims process only takes about two to three weeks. She said she brought brochures about the new features for everyone to take.

Ms. Marron said another new feature is the Ampiphone, a 40% discount offered by EyeMed for hearing devices with a 3-year warranty. She said information about the program is in the Eyemed welcome kits. Ms. Marron said she would send a kit to GBS.

Ms. Marron said there is also an international benefit if a member loses or breaks his/her glasses. She said temporary glasses which can be adjusted to the member's prescription will be sent to the member overnite.

Harvard Pilgrim, BCBS and Tufts did not have anything new to report.

Other Business:

Skip Finnell said the next Steering Committee meetings are scheduled for August 22, 2018, location to be determined and September 19th, 2018 on Martha's Vineyard. He said the next Board Meeting is scheduled for October 24th at COMM Fire District with a Steering Committee meeting to be held prior at 9 AM. Mr. Finnell asked all Town Managers and Benefits Coordinators to attend the meeting scheduled on September 26th, location to be determined.

The Chair, Noreen Mavro-Flanders, adjourned the meeting at 11:55 a.m..

*Prepared by Karen Carpenter
Group Benefits Strategies*