

CAPE COD MUNICIPAL HEALTH GROUP

STEERING COMMITTEE

Wednesday, March 19, 2014 at 9:00 AM

Sandwich Town Hall
Sandwich, MA

MEETING MINUTES

A meeting of the Steering Committee of the Cape Cod Municipal Health Group (“CCMHG”) was held on Wednesday, March 19, 2014 at Sandwich Town Hall, Sandwich, MA.

The following people attended the meeting:

Committee Members present:

Francis “Skip” Finnell, Chair	Dennis Yarmouth RSD
Noreen Mavro-Flanders, Board Chair	Dukes County
Gerry Panuczak	Town of Chatham
Debra Blanchette	Town of Barnstable
Marie Buckner	Town of Sandwich
Heather Harper	Town of Falmouth
Joyce Mason	Town of Mashpee
Susan Wallen, SC Alternate	Nauset Regional High School

Guests Present:

Deanna Desroches	CCMHG Wellness Consultant
Larry Croes	Vice Pres., Municipal Markets, BCBSMA
Suzanne Donahue	Blue Cross Blue Shield of MA (BCBSMA)
William Hickey	Harvard Pilgrim Health Care (HPHC)
Fred Winer	Tufts Health Plan
Carol Cormier	Group Benefits Strategies
Karen Carpenter	Group Benefits Strategies

Chair Skip Finnell called the meeting to order at 9:00 AM.

BCBS Municipal Blue Innovation Award:

Larry Croes, BCBS Vice President awarded CCMHG with the BCBS Municipal Blue Innovation Award and \$5,000 for wellness programs. Mr. Croes cited customized worksite wellness programs, creating innovative health plan designs, and the CCMHG’s website among the CCMHG achievements. He said that significant savings can be achieved through these types of initiatives.

Approval of the minutes of the Steering Committee meeting of February 26, 2014:

Noreen Mavro-Flanders moved approval of the minutes of February 26, 2014.

Motion

Marie Buckner seconded the motion. The motion passed by a majority vote. Joyce Mason abstained.

Treasurer's Report:

Skip Finnell said that the Treasurer, Rich Bienvenue, was unable to attend the meeting due to attending a conference. He said that the financial reports are included in the meeting packets. Mr. Finnell said that Mr. Bienvenue is working on clearing up the outstanding receivables and will write off some of the very old balances. Mr. Finnell said the overall fund balance, i.e. health and dental, at the end of January was \$29,620,795. Mr. Finnell said that Mr. Bienvenue will present a budget format for FY15 at the next meeting.

Skip Finnell said that he is interested in a possible Retiree Drug Subsidy (RDS) distribution to employers and asked that the topic be added to the April Steering Committee Meeting Agenda.

Noreen Mavro-Flanders moved to accept the Treasurer's report.

Motion

Marie Buckner seconded the motion. The motion passed by unanimous vote.

Investment Committee Report:

Investment Committee Chair, Gerry Panuczak, said the Investment balance was \$13.44M at the end of January 2014. He said that the next Investment Committee meeting is scheduled for April 24 at 10 AM at Rockland Trust in West Yarmouth. He noted that he, Debra Blanchette, Erin Orcutt, and Rich Bienvenue are members of the committee.

Skip Finnell asked Mr. Panuczak to copy him on the meeting reminder.

Wellness Program Report:

Marie Buckner said the next Wellness Committee meeting is scheduled for March 25, 2014.

Deanna Desroches, Wellness Consultant for the mainland, reviewed her report.

Ms. Desroches said it is week four of the anti-smoking program in Eastham and said there are 10 participants. She said that the participants average a total of 35 years of smoking.

Ms. Desroches said that she will be attending the Harwich and Barnstable Health Fairs and noted that the Brewster fair was well attended. She reviewed dates and locations for the following programs: Biometric screenings, Brown Bag Lecture Series, Healthy Me Program, Couch to 5K program, 5K Walk It Off Program, and Spring Walking Challenge. She said that 90 members have signed up to participate in the Spring Walking Challenge which begins on April 6th.

Suzanne Donahue noted that the BCBS “www.ahealthyme.com” wellness portal was re-launched and available on-line. Ms. Donahue said that the biometric data entered by the members is not reported to BCBS. She said that members can receive more services and coaching for a fee. She said that HPHC has a similar program.

Deanna Desroches asked the health plan representatives for information that could be added to the CCMHG Wellness newsletter on a quarterly basis.

Carol Cormier spoke about the wellness coordinator for the Town of Natick, a member of WSHG. She said that the coordinator is accessing a program and creating on-line wellness “tiles”, an awareness email program that employees can review, or review and act on, and then earn points towards raffle prizes.

Ms. Desroches said that she has spoken with Natick’s wellness coordinator and has a link to the emails.

Noreen Mavro-Flanders asked Ms. Desroches to send the link/email to Krystle Rose, the CCMHG Wellness Coordinator on Martha’s Vineyard.

Skip Finnell said that he would like to have a monthly wellness report from Ms. Rose.

Noreen Mavro-Flanders said that Ms. Rose has been putting together safety classes and completing biometric screenings at the health fairs. She said that the Maintain Don’t Gain program was successful and said Ms. Rose would like to run next years past the holidays.

Affordable Care Act (ACA):

Out-of-pocket maximums – Carol Cormier said that all of the CCMHG health plans currently meet the ACA requirements. She said that effective July 1, 2015, the ACA will require that all prescription drug co-pays be included into the out-of-pocket maximums. Ms. Cormier said that the maximums will have to be reviewed in the fall to decide whether or not the maximums should be increased.

PCORI fees- Carol Cormier asked the health plan representatives to send her the member counts from July 1, 2012 to June 30, 2013. She said that the fees will be put on the June warrant for payment.

Skip Finnell asked Ms. Cormier to give the Treasurer a heads-up of the upcoming fee.

Health and Dental Plan Reports:

BCBSMA - Suzanne Donahue said that Larry Croes, BCBSMA Vice President, will also attend the CCMHG Board meeting.

Tufts Health Plan – Fred Winer said that there was nothing new to report.

HPHC – Bill Hickey said *HPHC* is continuing to make system updates to accommodate the changes brought about by the ACA.

Other Business:

HMS Dependent Eligibility Audit Results – Karen Carpenter said that Noreen Mavro-Flanders suggested adding the audit results to the CCMHG website on the same page as the audit information. She said that following the audit, the CCMHG employers worked with their employees to obtain the missing documentation. Ms. Carpenter said that the HMS results are not the final results since some employees provided the required documents after the close of the audit.

The Committee asked Ms. Carpenter to add the HMS audit results to the CCMHG website and to include additional information resulting from the employers’ efforts.

Carol Cormier said she thought it would be a good idea to also add to the Employer section of the website the list of required documents necessary to prove dependent eligibility.

There was no other business.

Noreen Mavro-Flanders moved to adjourn the meeting.

Motion

Marie Buckner seconded the motion. The motion passed by unanimous vote.

Chair Skip Finnell adjourned the meeting at 10:30 AM.

*Prepared by Karen Carpenter
Group Benefits Strategies*