

**NOTES OF THE
CAPE COD MUNICIPAL HEALTH GROUP**

Steering Committee Meeting
Wednesday, July 19, 2017, 9:00 AM
COMM Fire District, Centerville, MA

MEETING MINUTES

A meeting of the Steering Committee of the Cape Cod Municipal Health Group (“CCMHG”) was held on Wednesday, July 19, 2017 at 9:00 AM at the COMM Fire District, Centerville, MA.

The following people attended:

Steering Committee Members Present:

Skip Finnell, Steering Committee Chair	Dennis-Yarmouth RSD
Noreen Mavro-Flanders, Board Chair	County of Dukes County
Christopher Clark	Town of Harwich
John Kelly	Town of Orleans
Debra Blanchette	Town of Barnstable
Denise Coleman	Town of Falmouth
Marie Buckner	Town of Sandwich
Deb Heemsoth	Town of Dennis
Erin Orcutt	Cape Cod THS
Susan Wallen	Nauset RSD

Guests Present:

Rich Bienvenue	CCMHG Treasurer
Jody Hoffmann	Town of Provincetown
Tracy Scalia	Town of Mashpee
Bill Hickey	Harvard Pilgrim Health Care (HPHC)
Bill Rowbottom	Blue Cross Blue Shield of MA (BCBS)
Fred Winer	Tufts Health Plan (THP)
Caitlin Lally	EyeMed Vision
Carol Cormier	Group Benefits Strategies (GBS)
Karen Carpenter	Group Benefits Strategies (GBS)

Skip Finnell, Steering Committee Chair, called the meeting to order at 9:05 AM.

Approval of minutes of the June 28, 2017 meeting:

Marie Buckner moved to approve the minutes of June 28, 2017 as written.

Motion

Christopher Clark seconded the motion. The motion passed by majority vote with one member abstaining.

GBS proposed Roster Service Agreement:

Carol Cormier said the BGS Roster Service Agreement with CCMHG is expiring on July 31, 2017 and said there is no fee increase to the new agreement. She said the fee remains at \$130 per CCMHG unit per month.

Noreen Mavro-Flanders made a motion to approve the GBS agreement effective August 1, 2017.

Christopher Clark seconded the motion. The motion passed by a unanimous vote.

Motion

Delegation of the Steering Committee by the Board:

Skip Finnell said when he recently read the Joint Purchase Agreement (JPA) regarding delegation, he said it may be helpful to discuss a way that the Board could authorize the Steering Committee to approve certain items, and other items would require the Board’s approval.

Noreen Mavro-Flanders said it would be favorable if the authorization would be in accordance with the current JPA.

Mr. Finnell asked to add this to the next Steering Committee Agenda for discussion.

Consilium Proposal:

Carol Cormier said she obtained out-of-network claims reports from BCBS and HPHC. She said the Blue Cross claims were about \$4 million. Ms. Cormier said she asked Consilium how the fees are calculated and they told her they are based on the allowed health plan charges. She suggested trying the service for one year since the fees are on a contingency basis. Ms. Cormier said the service can be canceled at any time.

John Kelly joined the meeting.

Ms. Cormier said the members will not be balance billed.

Bill Hickey suggested holding off on the vote until the carriers can research how they administer the program with Consilium. He said HPHC will need a list of needs and what types of files Consilium will require and what they will do with that data.

Debra Blanchett made a motion to move forward with discussing the proposal from Consilium and hearing back from the health plans.

Motion

Christopher Clark seconded the motion. The motion passed by a unanimous vote.

EyeMed Update:

Skip Finnell introduced Caitlin Lally, EyeMed Account Manager and thanked her for working to keep the CCMHG vision rates level for another 4-year period.

Ms. Lally distributed her presentation and said she grew up in Sandwich, MA and was happy to work with Group Benefits Strategies to keep the rates low for CCMHG. She said the vision benefits will remain the same and noted the plan was a materials only policy. Ms. Lally reviewed the CCMHG vision utilization reports and said 95% of members are staying within the network and saving a total of 71%. She said there are 1,549 vision subscribers and over 3,000 members. Ms. Lally said 75% of those members are purchasing glasses through the program. She said she will be sending out a mailer to the out-of-network utilizers with a list of in-network providers to encourage added savings.

Ms. Lally said there are on-line tools available for the members, including a mobil App. She said the new website portal platform has end-to-end security at all times.

Noreen Mavro-Flanders asked Ms. Lally to send a list of progressive lenses and their cost tiers.

Skip Finnell thanked Ms. Lally and said it would be beneficial if Ms. Lally would attend the benefit meeting and health fairs.

Ms. Lally said she would be happy to attend.

CCHC Project:

Carol Cormier said there hasn't been much activity since the last email from CCHC that she forwarded to the Committee.

Other Business:

Skip Finnell asked Krystle Rose, Wellness Consultant for Martha's Vineyard to speak briefly about the FY18 Wellness Budget and Programs.

Krystle Rose said there is a small change to the monetary budget for FY18. She said in response to requests for gym equipment, she researched and created unit challenges that can earn a \$2,000 incentive that the winner could use to purchase equipment. She said in addition, she is offering a new walking challenge, spring fitness challenge, and the Couch to 5K challenge. Ms. Rose said she hired a new wellness assistant, who is also a chef and said she will be able to also help with nutrition programs.

Erin Orcutt had a concern about incentive money going to CCMHG units, rather than personally going to the members.

It was noted that the Steering Committee has already approved the wellness budgets.

Harvard Pilgrim Health Plan – Bill Hickey said HPHC is moving its prescription mailorder from Walgreen's to MedDirect. He said current prescriptions will automatically move to MedDirect, but new prescriptions will need to be sent to MedDirect. Mr. Hickey also said HPHC completes regular claims audits and in different ways. He said HPHC hires specific firms to do the audits of their insured business and has piloted the programs with their self-funded business last year. Mr. Hickey said the audits are available and work on a contingency basis that is covered under the CCMHG current contract.

The Steering Committee agreed that the audit program should be added to CCMHG's policy.

There was no other business.

Marie Buckner moved to adjourn the meeting.

Motion

Christopher Clark seconded the motion. The motion passed by unanimous vote.

Skip Finnell adjourned the meeting at 9:55 AM.

*Prepared by Karen Carpenter
Group Benefits Strategies*