

NOVEMBER IS AMERICAN DIABETES MONTH®

These are our members' stories. This Is Diabetes.™

This November we're showcasing real-life stories of **Good Health Gateway**® members.



The Diabetes Program helped me maintain motivation. I do not find this easy, but I push myself. I was able to lose 30+ pounds and maintain an A1C of 6.4.

I've had diabetes for a long time, and it is a daily challenge. However, this program makes my life easier and more manageable by helping with my medical costs and encouraging me to be responsible with my diabetes!

This program has helped to lower my A1c to 5.2! I believe that diabetes does not inhibit who I am or what I do. Thank you for lifting a heavy financial burden so that I may focus on other areas of diabetes management, like having a really low A1c!

The **Good Health Gateway** Program supports its members in managing their diabetes so they feel great and lead healthy lives.

NOVEMBER

2016

SHARE

YOUR

STORY

Share Your Story

Send us an email at Services@GoodHealthGateway.com

FOR PROGRAM INFORMATION - CALL US, OR VISIT US ONLINE

800.643.8028

GoodHealthGateway.com



#ThisIsDiabetes

Adapted from ADA's campaign