

# Annual eye exams help you stay healthy.

See for yourself the benefits of preventive eye care.



When was your last eye exam? If you're like most Americans, it may have been a while since you visited the eye doctor. Even if you don't use corrective eyewear, you could be missing out on important information about your health.

Comprehensive eye exams complement your wellness routine by giving the doctor an unobstructed view of blood vessels in the eye. This allows the doctor to see the early signs of serious health conditions like diabetes and high blood pressure, as well as the onset of eye diseases such as glaucoma and macular degeneration. In turn, early diagnosis of these diseases contributes to more successful treatment.

Plus, your EyeMed vision plan saves you

money on eye exams and eyewear, if you need it. We make it easy for you to take care of your eyes and your whole body.

Do it for yourself. Schedule an eye exam and get the whole story about your health. Visit

**[www.eyemedvisioncare.com](http://www.eyemedvisioncare.com)** to locate a provider, or to learn more about the impact of vision care on your health.

**Eye care...it's important!**

**EyeMed**  
VISION CARE®

For more information, visit  
**[www.eyemedvisioncare.com](http://www.eyemedvisioncare.com)**



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