



MINUTES OF THE CAPE COD MUNICIPAL HEALTH GROUP

Board Meeting

Tuesday April 30, 2024, 10:00 AM

By Virtual Participation

MEETING Minutes

A meeting of the Board of the Cape Cod Municipal Health Group (“CCMHG”) was held on Tuesday, April 30th, 2024, by virtual participation

Board Members and Alternates Present:

Robert Whritenour, Board Chair

Erin Orcutt

Gareth Markwell

Justyna Marczak

Susy Holmes

Lisa Vitale

Megan Downy

R Patrick Murphy

Molly Stevens

Megan Downey

Sheryl McMahon

David Flynn

Laurie Barr

Susan Lumping

TK Menesale

Robin Callaghan

Ellen Bearnse

Susan Wallen

Maureen Fruci

Alex Lessin

Christine Ezersky

Noreen Mavro-Flanders

Town of Yarmouth

Cape Cod Regional Tech

Town of Barnstable

Barnstable County

Barnstable County Retirement

Town of Brewster

Town of Chatham

Cape Cod Collaborative

COMM Fire

Town of Chatham

Dennis Water District

Dennis Yarmouth RSD

Town of Eastham

Town of Falmouth

Hyannis Fire District

Town of Mashpee

Monomoy RSD

Nauset RSD

North Sagamore Water

Town of Truro

Town of Wellfleet

Dukes County



Guests Present:

Caroline Burnham
Lauren McCallum
Joseph Anderson
Karen Quinlivan
Patrick Flattery

Blue Cross Blue Shield of MA (BCBSMA)
Harvard Pilgrim Health Care (HPHC)
Gallagher Benefit Services, Inc. (GBS)
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Robert Whritenour, Board Chair called the meeting to order at 9:19 AM.

Mr. Whritenour asked for a roll call of the voting members present. They were:

Robt Whritenour	Town of Yarmouth
Erin Orcutt	Cape Cos Regional Tch
Gareth Markwell	Town of Barnstable
Justyna Marczak	Barnstable County
Susy Holmes	Barnstable County Retirement
Lisa Vitale	Town of Brewster
R Patrick Murphy	Cape Cod Collaborative
Molly Stevens	COMM Fire
Megan Downey	Town of Chatham
Sheryl McMahon	Dennis Water District
Dave Flynn	Dennis Yarmouth RSD
Laurie Barr	Town of East ham
Susan Lumping	Town of Falmouth
TK Menesale	Hyannis Fore
Robin Callaghan	Town of Mashpee
Ellen Bearse	Monomoy RSD
Susan Wallen	Nauset RSD
Maureen Fruci	North Sagamore Water District
Alex Lessin	Town of Truro
Christine Ezersky	Town of Wellfleet
Noreen Mavro-Flanders	Dukes County

My Telemedicine Review:

Joe Anderson said that My Telemedicine/Lyric was a vendor that was brought in pre COVID to address the issue of off hours virtual care. They are a Texas based enterprise that does not have a local presence. The utilization has been very low. The cost for utilization has made the expense unsupportable. The carriers have since built out options to handle 24/7 virtual care.

Blue Cross has built out Wellness Connections for 24/7 virtual care for an annual cost of \$26,000. The cost for Lyric is an annual spend of \$150,000 for just over seventy engagements. Harvard Pilgrim already has a program in place called Doctor on Demand that is included at no added cost to the group. Moving to the carrier options would save the group \$126,000 annually.

The Steering Committee agreed that the existing carrier relationships would do a much greater job at promoting the virtual options that they have available. Virtual care will continue to be an important benefit post COVID with local engagement. The suggestion is to terminate the Lyric contract as of 08/01/2024.

Noreen Mavro-Flanders motioned to terminate the Lyric/My Telemedicine contract as of 08/01/2024.

Motion

Erin Orcutt seconded the motion. There was a roll call vote.

Robert Whritenour	Yes
Erin Orcutt	Yes
Gareth Maxwell	Yes
Justyna Marczak	Yes
Susy Holmes	Yes
Lisa Vitale	Yes
R Patrick Murphy	Yes
Molly Stevens	Yes
Megan Downey	Yes
Sheryl McMahon	Yest
Dave Flynn	Yes
Laurie Barr	Yes
Susan Lumping	Yes
TK Menesale	Yes
Robin Callaghan	Yes
Ellen Bearse	Yes
Susan Wallen	Yes
Maureen Fruci	Yes
Alex Lessin	Yes
Christine Ezersky	Yes
Noreen Mavro-Flanders	Yes

The motion passed by unanimous vote.

BCBS Well Connections:

Caroline Burnham said the current virtual care options for BCBS members is with their current PCP that may allow for Telehealth visits. They also have a program called Well Connections. Members can sign in to My Blue or create an account and then select Well Connection video under MY Care. They can get medical care 24/7 in the privacy of their home. It covers medical as well as behavioral health. Qualified providers rate 4.8 out of 5 stars averaging 15 years of experience provide care. The annual cost to the group for this service is \$26,000 and it can be supported and promoted by the account team in place at Blue Cross with a local presence.

The Steering Committee recommended adding this benefit to round out 24/7 Telehealth access with both carriers. Harvard Pilgrim already has is in place with Doctor on Demand at no extra cost.

Laurie Barr motioned to add the BCBS Well Connection benefit as of 07/01/2024.

Motion

T K Menesale seconded the motion. There was a roll call vote.

Robert Whritenour	Yes
Erin Orcutt	Yes
Gareth Markwell	Yes
Justyna Marczak	Yes
Susy Holmes	Yes
Lisa Vitale	Yes
R Patrick Murphy	Yes
Molly Stevens	Yes
Megan Downey	Yes
Sheryl McMahon	Yest
Dave Flynn	Yes
Laurie Barr	Yes
Susan Lumping	Yes
TK Menesale	Yes
Robin Callaghan	Yes
Ellen Bearse	Yes
Susan Wallen	Yes
Maureen Fruci	Yes
Alex Lessin	Yes
Christine Ezersky	Yes
Noreen Mavro-Flanders	Yes

The motion passed by unanimous vote.

Other Business:

Erin Orcutt motioned to adjourn.

Michael MacMillan seconded the motion.

The Board Chair, Bob Whritenour adjourned the meeting by unanimous consent at 9:29 A.M.

*Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.*