

**MINUTES OF THE
CAPE COD MUNICIPAL HEALTH GROUP**

Board Meeting

Thursday, August 27, 2020, 10:00 AM

REMOTE PARTICIPATION

MEETING MINUTES

A meeting of the Board of the Cape Cod Municipal Health Group (“CCMHG”) was held on Thursday, August 27, at 10:00 AM. The following people attended the meeting:

Board Members and Alternates Present:

Noreen Mavro-Flanders, Board Chair	Dukes County
A. Francis (“Skip”) Finnell, Steering Committee Chair	Dennis-Yarmouth RSD
Lisa Vitale	Town of Brewster
Debra Blanchette	Town of Barnstable
Denise Coleman	Town of Falmouth
Erin Orcutt	Cape Cod Regional Technical High School
Susan Wallen	Nauset Regional High School
Bob Whritenour	Town of Oak Bluffs
Judy Sprague	Barnstable County Retirement
Krystal Abrams	COMM Fire District
Jennifer Kelson	Buzzards Bay Water District
Miriam Spencer	Town of Wellfleet
Alexander Williams	Town of Provincetown
Beth Deck	Cape Cod Collaborative
Nancy Cushing	Barnstable County
Tracy Scalia	Town of Mashpee
Leanne Gray	Mashpee Water District
Richard Buffington	Barnstable Fire District
Amy Bullock	Town of Harwich
Teresa Johnson	Sandwich Water District
Raymond Pirrone	Cotuit Fire District/ West Barnstable Fires District
Jill Goldsmith	Town of Chatham
Sheryl McMahon	Dennis Water District

Guests Present:

Rich Bienvenue, CPA	CCMHG Treasurer
Deanna Desroches	CCMHG Wellness Consultant, Mainland
Brian Callow	Rockland Trust Investments
Laura Scroggins	Town of Barnstable
Megan Downey	Town of Brewster
Pam Bennett	Town of Tisbury
Ellen Bearse	Monomoy Regional School District
Cynthia Richards	Town of Orleans
Alix Heilala	Town of Chatham
Bob Kademian, RPh	PBIRx
Garbrielle Pitcher	Blue Cross Blue Shield of MA (BCBSMA)
Julie Scansaroli	Blue Cross Blue Shield of MA (BCBSMA)
Bill Hickey	Harvard Pilgrim Health Care (HPHC)
Nina Conroy	Delta Dental Plan of MA

Fred Winer
Patty Joyce
Chris Collins
Carol Cormier
Karen Quinlivan

Tufts – Retiree Plans
Abacus Health Solutions
CanaRx
Gallagher Benefit Services, Inc. (GBS)
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Noreen Mavro-Flanders, Chair, called the meeting to order at 10:02 AM.

Approval of the minutes of the June 18, 2020 Board meeting:

Skip Finnell motioned to accept the minutes as presented for the June 18, 2020 Board meeting.

Motion

Erin Orcutt seconded the motion.

The motion passed by unanimous vote.

Investment Committee Report and Investment Manager's Report:

Debra Blanchette, Investment Subcommittee Chair, said that in the packet was the portfolio allocation from Rockland Trust. The Investment Subcommittee has not met regarding the Rate Stabilization Policy. A meeting will be set prior to the next board meeting. She introduced Brian Callow from Rockland Trust to provide his usual report.

Brian Callow, Rockland Trust, joined the meeting by audio. He said that rather than go over all information in detail, he would provide a brief overview of current market conditions and quarterly performance. Mr. Callow reviewed the return seeking target allocation and portfolio allocation as of 06/30/2020. Allocation is within compliance with a goal of maintaining strength in a weak market. The portfolio is in good standing. The returns show a strong recovery. Mr. Callow said that the markets could remain volatile through the election, but that Rockland Trust is working hard for CCMHG and will stay on top of the situations as they arise.

Treasurer's report:

Treasurer, Rich Bienvenue, CPA, reviewed financial reports (unaudited figures) through June 30, 2020. He said there was \$48,451,158 Total Equity as of 06/30. That is a Fund Balance that is 38% of annual claims cost for the year. In the past, there has been discussion of an 8-12% power band target. The discussion of a Rate Stabilization Fund will be important for the fall and winter as the Group enters discussion of rates for the coming year. The past three years have seen the highest years of surplus. This was also in years where rates have remained stable with zero rate increases. It remains to be seen if claims experience accelerates. The dental fund is favorable as well. Mr. Bienvenue said there will be a meeting of a sub-committee of the Steering Committee to go over audit review and response to audit concerns.

Skip Finnell motioned to accept the Treasurer's report as presented.

Motion

Debra Blanchette seconded the motion.
The motion passed by unanimous vote.

Wellness Report:

Mainland Wellness Report - Deanna Desroches, mainland wellness consultant, said that they have had a busy couple of months. The Summer Steps Challenge wrapped up with 75 members enrolling on 22 teams. The Couch to 5K Program is running well as a hybrid program with 13 members joining in person and 6 members remote. It will run through October 15, 2020. The wellness portal has 31 new members for a total of 664 members. Ms. Desroches is currently waiting on the FY20 Health Risk Assessment Report, which will provide data from the portal. She will share when available. An additional 68 gift cards were mailed to members that reached 100 points. September will be geared towards a Healthy Lunchbox program. Two outdoor Qi Gong classes are taking place at Flax Pond in Yarmouth with 40 total members participating. Monthly Blended Wellness lectures have been well received. June held a Stay Calm and Balanced workshop, July held a Get your Diet Back on Track, and August was Getting a Good Night Sleep. September will be on Financial Security/Wellness. The Pilates program was cancelled but a Pickle ball program is planned for October.

Martha's Vineyard (MV) Wellness Report –Noreen Mavro-Flanders said that Triva Emery was not available to provide her report. She did attend the Steering Committee meeting and provide details there.

Steering Committee Report:

Skip Finnell said that the Steering Committee had approved the GBS contract, which would be the next item on the agenda. They have also been working on getting the new wellness consultant for Martha's Vineyard, Ms. Triva Emery onboard and she is doing a wonderful job even though she could not attend this meeting.

GBS Reports:

Carol Cormier reviewed the Summary of the *FY20 Funding Rate Analysis report* with data through June (paid claims basis). She said the expense-to-funding ratio was 90.8%. The estimated Funding Surplus of \$13.6M includes \$4M in reinsurance reimbursements from the prior policy year. Dental expense-to-funding ratio was 70.8%. That low figure was due to most dental offices being closed during the pandemic. There have been questions on returning dental premium. Some fully insured plans have done that. CCMHG has held dental rates for the last three years and administratively, a premium refund cannot be done across the board. Individual employers could make a decision to do a partial refund but the recommended approach is keeping rates as low as possible.

Motion

The July summary of the *FY21 Funding Rate Analysis report* with data through July (paid claims basis) was also provided. The expense-to- funding ratio was 91% and dental was 71.1%.

Karen Quinlivan reviewed the *Reinsurance reports*. She said the FY20 policy period through July 2020 had 31 claimants with total claims in excess of the \$300K specific deductible of \$4,641,976. Total reimbursements of \$3,200,461 have been received to date with \$1,441,515 outstanding. She said that there are 53 claimants on the 50% Report with claims totaling \$10,324,743. She said that there was no reported activity for FY21 yet.

Noreen Mavro-Flanders said that the GBS contract had been discussed the Steering Committee meeting back in February.

Skip Finnell said that the Steering Committee is recommending the approval and signature of the contract. This was supposed to be voted on at the last meeting but was missed. Because of the processing delay, the CCMHG has been paying Gallagher at the stipulated rate. The increase was 2%.

Skip Finnell made a motion to accept the GBS Contract for 07/01/2020 to 06/30/2023 as presented.

Denise Coleman seconded the motion.

Motion

The motion passed by unanimous vote.

MMRA Report:

Noreen Mavro-Flanders said that at the last meeting a vote was made to go with the OPtiMed program on a proactive basis. Due to contracts between the health carriers and their Prescription Benefit Managers, the group now has to go to a reactive approach. Carriers will provide monthly data to identify eligible members. The program is voluntary and will require education. Educational information will be mailed to the employer groups shortly.

Carol Cormier said that the PBIRx report that will be presented shortly, will point out the high cost of specialty medications. This program is an effort to help keep those costs down while also providing a cost savings for the members. Member cost share has been removed for this program. Each governmental entity will need to send out the mailing to the entire enrolled population letting them know about the program. OptiMed will then reach out only to eligible members.

Noreen Mavro-Flanders asked all benefit administrators to be on the lookout for these materials.

PBIRx Report:

Bob Kademian, RPh from PBIRx provided reporting through the month of June. He said that specialty drugs were \$13.4M out of the total \$23.5M spent. Total Net Plan costs increased but there were rebates of \$3.6M. The net impact is an increase of approximately \$1M over last year resulting in a 5% increase. For the first month of FY21, the July report shows a decrease on cost by 3.4% of the same period last year. Earlier refills may have contributed to this.

COVID-19 update:

Noreen Mavro-Flanders said that GBS has been receiving questions regarding return-to work Covid testing and whether it is covered. The answer is no. Only testing that is considered a medical necessity for the diagnosis and treatment of Covid is covered. The other request is considered a third party request and is not a covered benefit. If an employer feels strongly about covering testing, they could contract with a lab for testing billed to them. It will otherwise be billed to the employee.

Health Plan reports:

Harvard Pilgrim – Bill Hickey said that the current Covid tracking reports show 27 confirmed cases, 350 potential and 205 negative. Potential cases come from any potential diagnosis not just testing. There were only 3 inpatient discharges related to Covid. Telehealth remains steady and readily accessible.

Carol Cormier said that the My Telemedicine program is also available to members for zero member cost share.

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Two programs are addressing women's health. Ovia Health is a maternity and family health solution supporting reproductive health, pregnancy and parenthood. The program is accessed through an app that can be downloaded to phones. Progeny health is a cost containment program for neonatal intensive care. It is now a part of the fully insured business and would go on self-insured business unless opted out. There is an average of 10% savings for the program. There is a \$1500 initial fee and \$2,150 per case cost. No municipal clients that have turned this down.

Carol Cormier recommended that the group take this coverage.

Susan Wallen Motioned to accept the programs as presented.

Motion

Beth Deck seconded the motion.

The motion passed by unanimous vote.

BCBSMA – Gabrielle Pitcher said that Covid claims as of July shows 7 confirmed cases with a total spend of \$257,536 and 286 suspected cases with total spend of \$1,758,591. Trend since April has shown a decrease in ER visits and inpatients.

CanaRx – Chris Collins said that there were mail delays that appear to be going away at least outside of the U.S. In order to make sure people do not run out of medication, CanaRx is calling members early to make sure they receive their medication on time.

Abacus- Patty Joyce said that they are 100% operational with the help line up and available. They have voicemail so if members leave a message; they are returning calls each day to make sure that none is missed. They will have an annual report available in the fall so they will look forward to presenting that.

Delta Dental - Nina Conroy said that claims are estimated to remain stagnant through the end of the year. Delta Dental had started to make support payments to Massachusetts participating dentists. All dentists will receive \$10 per visit for appointments from June 1 to August 31 to help make up for business lost in the prior months because of COVID-19.

Other business:

Next meetings –

Noreen Mavro-Flanders said the next Steering Committee meeting date will be on Tuesday, September 29, 2020 at 9:00. There will also be a Steering Committee meeting on Wednesday, October 21, 2020 at 9:00 AM followed by a Board Meeting at 10:00 AM. It is the annual organizational meeting and Noreen requested that anyone willing to step forward and take on a role as Chair or Vice Chair please come forward. There will also be a November Steering Committee meeting in November on Wednesday, November 18, 2020 at 9:00 AM.

There was no other business.

Skip Finnell motioned to adjourn the meeting.

Erin Orcutt seconded the motion. The motion passed by unanimous vote.

The Chair, Noreen Mavro-Flanders, adjourned the meeting at 11:20 AM.

Prepared by Karen Quinlivan

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Gallagher Benefit Services, Inc.