

**MINUTES OF THE
CAPE COD MUNICIPAL HEALTH GROUP**

Steering Committee Meeting
Tuesday, June 22, 2021, 9:00 AM

Virtual Meeting by Remote Participation

MEETING MINUTES

A meeting of the Steering Committee of the Cape Cod Municipal Health Group (“CCMHG”) was held on June 22, 2021 at 9:00 AM. Attendance was by online remote participation. The following people attended the meeting:

Steering Committee members present:

A. Francis (“Skip”) Finnell, Steering Committee Chair	Dennis-Yarmouth RSD
Noreen Mavro-Flanders, Board Chair	County of Dukes County
Erin Orcutt	Cape Cod Regional Technical High School
Debra Blanchette	Town of Barnstable
Denise Coleman	Town of Falmouth
Robert Whritenour	Town of Yarmouth
Susan Wallen	Nauset RSD
Beth Deck	Cape Cod Collaborative

Guests Present:

Richard Bienvenue, CPA	CCMHG Treasurer
Deanna Desroches	CCMHG Wellness Consultant (Mainland)
Robert Knowles	Blue Cross Blue Shield of MA (BCBSMA)
Bernard Edwards	Blue Cross Blue Shield of MA (BCBSMA)
Bill Hickey	Harvard Pilgrim Health Care (HPHC)
Fred Winer	Tufts Health Plan- Senior Products
Nina Conroy	Delta Dental Plan of Mass.
Bob Kademian	PBIRx
Chris Collins	CanaRx
Jim Riley	CanaRx
Kate Sharry	Gallagher Benefit Services, Inc. (GBS)
Joseph Anderson	Gallagher Benefit Services, Inc. (GBS)
Karen Quinlivan	Gallagher Benefit Services, Inc. (GBS)

Skip Finnell, Steering Committee Chair, called the meeting to order at 9:04 AM. He said that the meeting was being recorded and asked if there were any objections. There were none.

Mr. Finnell asked for a roll call of Steering Committee members who will be voting. The following voting members were present:

A. Francis (“Skip”) Finnell, Steering Committee Chair	Dennis-Yarmouth RSD
Noreen Mavro-Flanders, Board Chair	County of Dukes County
Debra Blanchette	Town of Barnstable
Erin Orcutt	Cape Cod Reg. Tech High School
Denise Coleman	Town of Falmouth
Robert Whritenour	Town of Yarmouth
Beth Deck	Cape Cod Collaborative

Approval of Minutes of the May 18, 2021 Steering Committee Meeting:

Noreen Mavro-Flanders motioned to approve the minutes as presented.

Motion

Erin Orcutt seconded the motion.

There was a roll call vote.

Skip Finnell	Yes
Noreen Mavro-Flanders	Yes
Debra Blanchette	Yes
Erin Orcutt	Yes
Denise Coleman	Yes
Robert Whritenour	Yes
Beth Deck	Abstain

The motion passed by majority vote.

Susan Wallen joined the meeting at this time.

Treasurer's report:

Treasurer Richard Bienvenue, CPA reviewed the financial reports of April 30, 2021 (unaudited figures). The Trust Fund has \$48.7M in cash and the investment pool has had contributions of \$3.5M. The total investment balance is \$26,963,567. He said that the trust fund surplus through April is \$8.5M, with total equity at \$65.2M. There has been an increase in claims. It is reflected in the IBNR of \$10.983M. Mr. Bienvenue has spent quite a bit of time with Wellfleet and Truro to clean up old payments and balances owed. They are on track to clear those up. A letter of engagement has been received from Bill Fraher's new firm, Roselli and Clark and he is ready to move forward with the audit process.

Skip Finnell asked if there is reflection of the MMRA deposit on the Treasurer's report.

Mr. Bienvenue responded that it would be reflected in the Non-current assets on the financial report. Reconciliation activities with the MMRA will be beginning for year's end soon.

Robert Whritenour motioned to approve the Treasurer's report as presented.

Motion

Erin Orcutt seconded the motion.

There was a roll call vote.

Skip Finnell	Yes
Noreen Mavro-Flanders	Yes
Debra Blanchette	Yes
Erin Orcutt	Yes
Denise Coleman	Yes
Susan Wallen	Yes
Robert Whritenour	Yes
Beth Deck	Yes

The motion passed by unanimous vote.

GBS Reports:

Joseph Anderson reviewed the FY21 Funding Rate Analysis (FRA) with data through May 2021. He said that for the health plans, the 11-month Expense-to-Funding ratio was 95.3% and that funding from the rates was \$6,298,708 above the major expenses on a paid claims basis.

Mr. Anderson said that the Dental FRA showed an expense-to-funding ratio through May of 78.5% generating a dental funding surplus of \$1,201,612.

Karen Quinlivan reviewed the reinsurance reports based on claims paid through April 2021. For the FY20 policy period she said that there were 30 claimants with claims exceeding the \$300K specific deductible. Total claims for these members were \$13,859,788. Excess claims were \$4,652,125, of which \$4,686,613 has been reimbursed with a credit balance of \$34,488. Denied charges of \$15,612 under investigation actually leaves a credit balance of \$ 50,100. The same report for the month of May 2021 had 30 claimants again with excess claims of \$ 4,636,913. Reimbursements of \$ 4,686,613 left a credit balance of \$49,700 and an actual credit balance after adjustments of \$ 65,312. For the same period, there were 55 claimants who had claims between 50% and 100% of the \$300K specific deductible (50% Report). These claims totaled \$10,836,014.

Ms. Quinlivan said for the FY21 policy period there were 17 claimants exceeding the specific deductible through April with total claims of \$7,564,191. Excess claims were \$2,464,191 with reimbursements to date of \$ 274,089. Total outstanding reimbursements were \$2,190,102. The same report through May 2021 had 17 claimants again with excess claims of \$3,002,705. Total reimbursements of \$1,290,700 left outstanding reimbursements of \$1,712,004. There were 47 claimants with claims between 50% and 100% of the \$300K specific deductible (50% Report) with total claims of \$ 9,716,895.

The next item for consideration was the GBS Roster and Invoice Download Agreement. It is an annual agreement for FY22 which provides services to distribute monthly invoices and rosters through a secure web portal. The proposed annual cost for FY22 is \$8,586, which represents \$162.00 per member unit (53 member units).

Noreen Mavro-Flanders motioned to approve the FY22 GBS Roster and Download agreement.

Motion

Erin Orcutt seconded the motion. There was a roll call vote.

Skip Finnell	Yes
Noreen Mavro-Flanders	Yes
Debra Blanchette	Yes
Erin Orcutt	Yes
Denise Coleman	Yes
Susan Wallen	Yes
Robert Whritenour	Yes
Beth Deck	Yes

The motion passed by unanimous vote.

MMRA update:

Joe Anderson said that when the Captive arrangement began over six years ago it was structured as a three layer solution to large claimants. The first \$300,000 in claims are absorbed by the participating groups. Claims between \$300,000 and \$800,000 are reimbursed through the MMRA pool. Claims over \$800,000 are handled by traditional reinsurance. It has beat the national trend and has been a cost effective solution to high cost claims. Last year was a large utilization year and when the renewal was calculated for FY22 the increase was coming in at 28.4% with lasers added. Other options were explored to change the specific deductible and captive excess limits. The option that most resembled the current cash flow was to increase the specific deductible to \$400,000 and the captive liability limit to \$1,000,000 per claimant. This is also more in keeping with what the industry reflects. It was also discussed whether each member JPG group could set its own specific deductible and captive excess limits. It was decided to keep them all the same for now as is currently the case. The full renewal was sent out to all Steering members to review as well as flow diagrams as to how the various entities within the MMRA interact. Any questions can be directed to GBS for explanation.

Skip Finnell said that from the MMRA perspective it is a net zero situation but from the perspective of the group, CCMHG and each of the other two JPGs will be responsible for an additional \$100,000 for each claim over \$300,000.

Noreen Mavro-Flanders said that Mr. Finnell has agreed to be the new chairman of the MMRA, but other members need to think about stepping forward for participation.

Skip Finnell said that he agreed to be the Chair if Ms. Mavro-Flanders remained the voting member for CCMHG. This would not be a long term arrangement as both he and Ms. Mavro-Flanders are retired. He said he hoped that other Steering Committee representatives would attend some MMRA meetings to become familiar with the operations.

Erin Orcutt said that the MMRA meetings on top of the other meetings already held may be difficult in terms of the travel commitment. If the meetings could rotate locations or be virtual if laws permit it may be easier for buy in of members. Ms. Orcutt volunteered her services for the MMRA.

Ms. Mavro-Flanders said that the MMRA only meets four times annually.

Kathy Logue said that the Mass. Open meeting rules extended virtual meetings to April of 2022, so that may help going forward.

It was noted that when the MMRA votes to approve something, it binds all of the MMRA participating JPGs.

Wellness Program Reports:

Mainland Wellness- Deanna Desroches, Mainland Wellness coordinator provided her program update through June. The newsletter will be out for June/July shortly. The Couch to 5k program ended on June 3rd with a small group of 8 participants continuing to run on Saturday mornings. The retiree walking program came to an end and may be revisited in the fall. The Spring Steps Challenge wrapped up on May 24th. Of the 77 registered participants, 52 successfully met the step challenge. They collectively walked a total of 25,845,263 steps or 11,516.98 miles! That is approximately two round trips across the United States. Another Fall Hiking Series is planned. Rather than a summer walking series, a hydration challenge will be planned and will be on the wellness portal soon. The portal now has 709 members registered and 155 health assessments completed. There are currently 65 members on track to hit the 100 point goal. The Pickleball program was successful, and another program will be offered in the late Summer/Fall. Learn to Play Tennis was successful with 24 participants. Hatha Yoga will be offered outside as well as Qigong. Planned workshops for the Fall include chair yoga, fall prevention, online safety, and a memorial walk for Ken Jenks.

Vineyard Wellness- Triva Emery, Vineyard Wellness Coordinator could not attend the meeting but provided her written report for review.

PBIRx Report:

Bob Kademian, RPh from PBIRx provided reporting through the month of April. He said that the estimated per member per month Rx costs including rebates were \$126.83 last year and \$128.09 this year. The increase was 1%, which was not bad considering drug prices were going up. Blue Cross Rx costs were up 5.4% net of rebates and Harvard Pilgrim costs were down 11.3% versus last year. There was a slight decrease in members this year and a significant decrease in number of prescriptions of 9%. Total costs to the group were down \$122,000. Next month there should be updated rebate information available.

Health Plan/ Vendor Reports:

Delta Dental – Nina Conroy said that Delta dental did not have anything new to report but she wanted to thank Deanna Desroches for holding the virtual health fair. She thought it was the best that they have ever had. There were over 40 people on the call, and they had many good questions.

Skip Finnell asked if the low utilization was as a result of dentist offices not being open.

Nina Conroy said that many offices are open now, but they can only see so many patients per day due to the restrictions and cleaning protocols. It will slowly increase.

Blue Cross – Bernard Edwards presented the most recent Covid-19 dashboard report. Cases are continuing to trend downward.

Robert Knowles said that Blue Cross is now receiving vaccination numbers, and as of May there were over 2,125 CCMHG BCBS members who were vaccinated with 57% of that population fully vaccinated.

Harvard Pilgrim – Bill Hickey said that Harvard Pilgrim and Tufts have announced the name of the new organization as “Points 32 Health”. Eight associated companies will remain under this parent company until the integration is complete. He provided the most recent Covid report. Through May 19, 2021 there were 219 confirmed positive cases. Total treatment and testing costs were \$996,595. They are trying to accurately report what total vaccination numbers are. They can only report what comes through the claims system so numbers may never be truly accurate. There were 1,441 members vaccinated with 394 pending their second dose.

Fred Winer – Fred Winer said they are working on integration of senior plans for the combined Harvard Pilgrim and Tufts organizations, and all is going well.

CanaRx – Jim Riley said that he is hoping to be able to provide meaningful metrics on slides soon to show how much the group is saving over a period of time and what the potential may be for more savings. He is beginning to do more targeted presentations for some populations and is looking forward to meeting in person.

Abacus – Patty Joyce said she wanted to thank Deanna for the virtual health fair that she held as well. She will present a dashboard report on the program at the next board meeting and would like to request time on the agenda. There will be an upcoming webinar on Hypertension this summer as well.

Other Business:

Skip Finnell asked the group if they would like to meet in person going forward or remotely.

There was discussion.

CCMHG Steering Committee Meeting June 22, 2021

Most members agreed that in-person meetings could begin for the September Steering Committee Meeting and the October Board Meeting.

Next Steering Committee meetings are set for:

- Tuesday, July 27, 2021 at 9:00 A.M.
- Tuesday, September 22, 2021 at 9:00 A.M.

The next CCMHG Board meeting will be on Tuesday, July 27, 2021 at 10:00 A.M.

Beth Deck asked if any other member units received an ESRP notice from the IRS. She said Cape Cod he Collaborative received a notice that they owe over \$35,000 for calendar year 2018 for not offering affordable options for employees. Plans are not affordable for school paraprofessionals and drivers.

Joe Anderson said that this is happening in the marketplace. It's not a 100% review. The alternative would be to have a low cost alternative which would be more costly to the town. He said the fine is actually cheaper.

There was no other business.

Debra Blanchette moved to adjourn the meeting.

Motion

Susan Wallen seconded the motion. There was a roll call vote as follows:

Skip Finnell	Yes
Noreen Mavro-Flanders	Yes
Debra Blanchette	Yes
Erin Orcutt	no response
Denise Coleman	Yes
Susan Wallen	Yes
Robert Whritenour	Yes
Beth Deck	Yes

The motion to adjourn was approved by majority vote.

Chair Skip Finnell adjourned the meeting at 10:45 AM.

*Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.*