

**MINUTES OF THE
CAPE COD MUNICIPAL HEALTH GROUP**

Steering Committee Meeting

Wednesday, October 23, 2019, 9:00 AM
Centerville Osterville Marstons Mills (COMM) Fire Station
Centerville, MA

MEETING MINUTES

A meeting of the Steering Committee of the Cape Cod Municipal Health Group (“CCMHG”) was held on Wednesday, October 23, 2019 at 9:00 AM at the Centerville Osterville Marstons Mills (COMM) Fire Station, Centerville, MA. The following people attended the meeting:

Steering Committee Members Present:

A. Francis (“Skip”) Finnell, Steering Committee Chair	Dennis-Yarmouth RSD
Noreen Mavro-Flanders, Board Chair	County of Dukes County
Debra Blanchette	Town of Barnstable
John Kelly	Town of Orleans
Denise Coleman	Town of Falmouth
Susan Wallen	Nauset Regional School District
Erin Orcutt	Cape Cod Reg. Technical High School
Deb Heemsoth	Town of Dennis

Guests Present:

Kathy Logue	Town of West Tisbury
Bob Kademian, RPH	PBIRx
Garbrielle Pitcher	Blue Cross Blue Shield of MA (BCBSMA)
Bill Hickey	Harvard Pilgrim Health Care (HPHC)
Nina Conroy	Delta Dental Plan of Mass.
Carol Cormier	Gallagher Benefit Service, Inc. (GBS)
Karen Carpenter	Gallagher Benefit Service, Inc. (GBS)

Skip Finnell, Steering Committee Chair, called the meeting to order at 9:15 a.m.

Approval of the minutes of the September 19, 2019 Steering Committee meeting:

Noreen Mavro-Flanders moved to approve the minutes of the September 19, 2019 Steering Committee meeting.

Motion

Denise Coleman seconded the motion. The motion passed by unanimous vote.

Erin Orcutt and Deb Heemsoth joined the meeting at this time.

Wellness Strategic Plan:

Noreen Mavro-Flanders said there have been two meetings of the wellness subcommittee. She said that one of the plans is to make the goals for the wellness programs the same for the Cape and the Island. She said that the subcommittee would like to have the Steering Committee appoint two Wellness Committees, one for the Cape and one for the Vineyard. She said it is important to get support for wellness programs from upper management.

It was noted that Open Meeting Laws will need to be followed if the Steering Committee appoints the wellness committees and that this would create the need for a quorum at meetings.

John Kelly suggested starting the Committees with three members and see how it goes.

There was a discussion. No action was taken.

Noreen Mavro-Flanders said she would speak with Maggie Downey to finalize program objectives and a proposal to bring to the Steering Committee.

Re-visiting the CY20 Harvard Pilgrim Medicare Enhance rate recommendation:

Carol Cormier said that at the last Steering Committee meeting the Medicare Enhance CY20 rate recommendation of \$370 was approved. She said that rate did not include the Health Insurance Tax (HIT) because it was not certain if it would be waived again for 2020 as it was for 2019. She said now it is known that the \$5 tax per person per month will be charged in 2020. There was a discussion.

Noreen Mavro-Flanders moved to recommend to the Board a Medicare Enhance CY20 rate of \$374.

Motion

Deb Blanchette seconded the motion. The motion passed by majority vote with one abstention.

Ethics Commission (EC) ruling:

Skip Finnell said that it should be communicated to the Board that the EC determines that a CCMHG Board member who receives benefits through the CCMHG has a conflict of interest, but that the conflict can be addressed through a Disclosure Form which if agreed to by the Appropriate Public Authority will give the Board member the right to vote.

Proposal regarding HSA-Qualified High Deductible Health Plans (HSAQs) and CanaRx:

Carol Cormier said that currently members of HSAQ plans are not eligible for the CanaRx program. She said CCMHG's HSAQs have preventive drug lists and that these drugs are available through their health plan for co-pays and are not subject to the deductibles. She said CanaRx has reviewed these health plan preventive med lists and has created a list of preventive meds that would be available through CanaRx thus saving the member the co-pay amounts. She said that PBIRx and CanaRx are also proposing a \$25 incentive gift card for first-time CanaRx program users enrolled in any CCMHG eligible health plan.

Bob Kademian, RPh, PBIRx, spoke about the proposed incentive program and said that the savings on a prescription through CanaRx is far greater than the \$25.

There was a discussion.

Noreen Mavro-Flanders made a motion to propose to the Board that it add access to the CanaRx preventive medication list for HSAQ members and also add a \$25 incentive for any new user of CanaRx.

Motion

Susan Wallen seconded the motion. The motion passed by majority vote with one abstention.

Other Business:

Skip Finnell said that the Chairs of the CCMHG Board and Steering Committee are retirees, which, he said, is something to keep in mind going forward. He said that he and Ms. Mavro-Flanders are both willing to continue in their positions for another year.

Noreen Mavro-Flanders said that all CCMHG Officers and Steering Committee members have said that they are willing to serve for another year.

There was no other business.

Skip Finnell adjourned the Steering Committee meeting at 10 AM. The Board meeting followed.

*Minutes prepared by Carol Cormier,
Gallagher Benefit Services, Inc.*