

# CAPE COD MUNICIPAL HEALTH GROUP

## FY 2025 WELLNESS GRANT APPLICATION

Instructions: Please fill out the information below and e-mail to Maggie Downey at [mdowney@capelightcompact.org](mailto:mdowney@capelightcompact.org).

Grants are awarded based upon the number of full-time employees:

- 0-50 Employees \$150
- 51-150 Employees \$250
- 151-300 Employees \$400
- 301-600+ Employees \$600

UNIT NAME:

MAILING ADDRESS:

CONTACT'S NAME & TITLE:

TELEPHONE:

EMAIL:

NUMBER OF EMPLOYEES IN UNIT:

DESCRIPTION OF HOW THE FUNDS WILL BE USED (PLEASE BE SPECIFIC):

OUTLINE PROPOSED BUDGET:

GOALS FOR THE GRANT:

1. Acknowledge efforts to increase individual activity levels
2. Draw attention to and encourage participation in CCMHG Wellness Programs

----- FOR OFFICE USE ONLY -----

Approved By: \_\_\_\_\_ Date: \_\_\_\_\_  
Margaret Downey, Wellness Committee Chair

Amount of Grant: \$ \_\_\_\_\_ Number of Unit's enrollees: \_\_\_\_\_