



## Health Navigator, powered by PinnacleCare

## You always need a great doctor. Whether it's to live healthy or get well, we can help.

With the support of Health Navigator, powered by PinnacleCare, our care advisors can help you navigate the healthcare system and connect with top specialists at the best medical institutions. If you receive a serious diagnosis, are looking for a new routine-care doctor, or have another healthcare concern, call Health Navigator.

Our healthcare experts:

- Find a doctor accepting new patients and takes your insurance
- Secure a specialist appointment or second opinion
- Collect and forward your medical records
- Help you understand your surgical or treatment options

From orthopedists to oncologists, surgeons to psychologists—our care advisors get you expedited access to the right care.

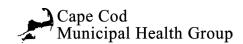
## Support is provided at absolutely no cost to you—here's how it works:

- Our medical directors review your situation.
- We recommend a plan and provide options.
- You make informed decisions about next steps.
- If you need a new doctor, we quickly connect you to an expert that best fits your needs.

This benefit is available to all employees and retirees who are enrolled in one of the CCMHG health plans.

## Contact us—we can help!

Phone: 888-442-7380; Online: pinnaclecare.com/cape-cod Representatives are available Monday through Friday 8:00 a.m.-6:00 p.m. (ET)



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