

Cape Cod Municipal Health Group (CCMHG)

Health Plan Updates

Effective July 1, 2026

Weight Loss Medication Coverage Change

Beginning July 1, 2026, coverage for weight loss medications will be excluded.

This includes:

- Foundayo
- Saxenda
- Wegovy (injectable and oral)
- Zepbound

Important: These medications will no longer be covered, even if you are currently using them or have an approved authorization.

New Weight Management Programs (No Cost)

All members enrolled in a CCMHG health plan will have access to a comprehensive, app-based weight management program:

BCBS Members

Visit: <https://teladochealth.com/begin/bcbsma-asc>

Call: 800-835-2362

Harvard Pilgrim (HPHC) Members

Visit: <https://harvardpilgrim.nationsbenefits.com/nutrition>

Call: 800-407-0399

Expanded Wellness Benefit

Effective July 1, 2026:

BCBS

- \$200 Fitness benefit per family
- \$200 Weight loss benefit per family

Harvard Pilgrim (HPHC)

- \$200 Fitness/Weight loss benefit per individual
- Up to \$400 per family

 **Harvard Pilgrim - Pharmacy Updates****New Pharmacy Benefit Manager**

- CVS Caremark will become the new pharmacy benefit manager
- New ID cards and member communications will be mailed in June

For questions:

- Visit: <https://www.caremarkrxplaninfo.com/capecodmunicipalhealth.html>
- Call: 833-823-2278

Specialty Medication Support Program

The Select Drugs and Products Program provides:

- Mandatory participation with financial case management for select specialty pharmacy medications
- Continued access to clinical support services
- Utilizing members will be contacted by the Select Drugs and Products Program prior to July 1, 2026
- If you would like to complete your application over the phone or speak with a plan case coordinator, please call 877-422-1776

This program is designed to reduce costs for the member and the plan while maintaining quality care.

Questions?

Contact your health plan or customer service number on your ID card for assistance.

Cape Cod Municipal Health Group (CCMHG) is committed to providing high-quality, cost-effective health benefits to our members and their families.

This flyer provides a summary of changes. Please refer to official plan documents for full details.