

# Cape Cod Municipal Health Group

## GLP-1 Medication Coverage FAQ

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### **Which GLP-1 medications are benefit excluded?**

Foundayo, Saxenda, Wegovy (injectable and oral), and Zepbound are no longer covered as of July 1, 2026, even if you currently use one of these medications or have an existing approved authorization.

### **I have an approval letter that extends past July 1, 2026. Am I still covered?**

No. Any previous authorization approvals for Foundayo, Saxenda, Wegovy, or Zepbound will only be valid through June 30, 2026.

### **Can I work with my doctor to request an exception?**

No. This is a benefit exclusion under the pharmacy benefit. These medications are no longer covered, and exceptions are not available.

### **Will GLP-1 medications still be covered for type 2 diabetes or other conditions?**

Yes. The plans will continue to cover GLP-1 medications used to treat type 2 diabetes.

These medications require prior authorization, including documentation of a type 2 diabetes diagnosis.

### **What other covered options are available to support weight loss?**

App-based comprehensive weight management programs will be offered through HPHC and BCBS beginning July 1, 2026 for the upcoming plan year. For more information:

BCBS: visit <https://teladohealth.com/begin/bcbsma-asc> or call 800-835-2362

HPHC: visit <https://harvardpilgrim.nationsbenefits.com/nutrition> or call 800-407-0399

Additionally, CCMHG has expanded the wellness benefit offered to members.

BCBS: \$200 Fitness & \$200 Weight Loss per family

HPHC: \$200 Fitness/Weight Loss per individual, up to \$400 per family

### **Can I buy weight loss drugs if they are not covered by the plan?**

Yes, there are multiple direct purchase options available:

- <https://www.lilly.com/lillydirect/medicines>
- <https://www.novocare.com/pharmacy.html>
- <https://www.goodrx.com/>
- <https://trumprx.gov/>

### **How much do GLP-1 medications for weight loss cost without insurance?**

Costs vary depending on the medication. Members should consult their doctor or pharmacist for specific pricing.

Ways to help manage costs include:

- Manufacturer assistance programs or savings cards
- Using HSA or FSA funds for eligible expenses

### **Will my premium decrease due to this coverage change?**

No. CCMHG member premiums will not decrease. Premiums typically increase due to rising healthcare costs, increased utilization, and advancements in medical care.

This change helps manage overall costs and supports continued access to essential healthcare services for all members.

### **If GLP-1 prices decrease, will coverage be reconsidered?**

Yes. The medical carriers and CCMHG will continue to monitor pricing and may re-evaluate coverage if costs decrease.